



# 5k Fun Run & Walk-a-Thon



**WHEN:** Sunday, January 29

**TIME:** Registration Begins at 3PM

**WHERE:** New Diana High School Track

5k Fun Run Course: Begins at High School track and ends at High School parking lot  
Walk-a-Thon participants will remain on the High School track

*Jog for the Dog* is a benefit run for Joseph Scott. Joseph is an active 11 year old boy in the 5<sup>th</sup> grade at Ore City ISD and the son of Doug and Candy Scott. Joseph was diagnosed with Type 1 Diabetes in August 2009. Your participation in *Jog for the Dog* could be life changing for Joseph and his family. Proceeds from the 5k Run and Walk-a-Thon will go toward the cost of a Diabetic Alert Service Dog for Joseph plus training for the dog, Joseph, and his family. Let's help Joseph & his family make this happen!  
**Let's Jog for the Dog!**

## All entrants will receive a T-shirt!

Registrations received by January 22 will receive t-shirt on race day.  
Registrations received after January 22 will pick up t-shirt at FBC Diana

**\$15 Before January 22**

**\$20 After January 22**

(Chance to win an iPod Touch for an additional \$100 donation)

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(Please detach & mail along with your check)

# Official 5k Fun Run & Walk-a-Thon Registration Form

## Jog for the Dog ~ January 29, 2012

Make checks payable to: First Baptist Church Diana

Mail to: FBC Diana Attn: Stacey Birdsong ~ P O Box 96 Diana, TX 75640

**PLEASE COMPLETE ONE REGISTRATION FORM FOR EACH PARTICIPANT – MAIL ONE CHECK**

Visit: [www.fbcdiana.org](http://www.fbcdiana.org) for additional registration forms

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

- Sign me up for the 5k Fun Run: \$15 Entry Fee \$ \_\_\_\_\_
  - Sign me up for the Walk-a-Thon: \$15 Entry Fee \$ \_\_\_\_\_
  - Include me in the iPod Touch Drawing – Donation(s) of \$100 or more \$ \_\_\_\_\_
  - Yes! I want to help Sponsor *Jog for the Dog!*** \$ \_\_\_\_\_
- (Sponsorships of \$50 or more must be received by Jan 13, 2012 in order for your name or company name to be included on the back of the t-shirt.)

**TOTAL AMOUNT ENCLOSED:** \$ \_\_\_\_\_

**T-Shirt Size (circle one) ADULT:**      S      M      L      XL      2XL      or      **YOUTH:**      S      M      L

I understand that running/walking in a road race is a potentially dangerous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking in this event including, but not limited to contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I for myself and anyone on my behalf, waive and release First Baptist Church Diana or the *Jog for the Dog* Planning Committee from all claims of liabilities of an kind arising out of this event for any legitimate purpose.

\_\_\_\_\_  
Signature (Parent signature if under 18 years old)

\_\_\_\_\_  
Date